

## Non-Surgical Cosmetic Gynecology for Her

Dubai, UAE 2 Days Lectures & Training

Brought to you by

# **MED COURSES CONFERENCE LLC**

#### **Course Instructors:**

### Dr. Jennifer De Soto

Board Certified Cosmetic Surgeon Medical Co-Director and Co-Founder of Imagen Body Sculpting & Cosmetic Center American Board of Aesthetic Medicine and Cosmetic Surgery Course Instructor

### Dr. Rupinder Kaur Ruprai

Cosmetic Gynecology Specialist Gyne-Endoscopic Surgeon Reproductive Medicine Specialist Obstetrics & Gynecologist



#### DAY 1

Time	Topics Covered
<mark>09:00 – 09:30</mark>	Registration
09:30 - 09:45	Introduction to Faculty
09:45 – 10:15	<ul> <li>VAGINAL ANATOMY</li> <li>History of vaginal rejuvenation</li> <li>Anatomy of the vagina</li> <li>Signs and symptoms of vaginal aging</li> </ul>
10:15 – 11:00	> PATIENT SELECTION & CONSULTATION
	Selection & Preparation
	How to conduct appropriate consultation
	Appropriate photo recording of the findings
11:00 – 11:15	COFFEE BREAK
11:15 – 12:00	<ul> <li>VAGINAL PRP</li> <li>Patient selection / Indication</li> </ul>
12:00 – 13:00	<ul> <li>HA VAGINAL REJUVINATION &amp; COMPLICATIONS</li> <li>Patient selection</li> <li>Side Effect</li> <li>Complication &amp; Management</li> <li>Recommendation</li> </ul>
13:00 - 14:00	LUNCH
14:00 - 14:30	<ul> <li>Female Sexual Dysfunction Therapies</li> <li>O-Shot</li> <li>G-Spot Enhancement</li> </ul>
14:30 - 15:00	<ul> <li>Introduction to Surgical</li> <li>Labiaplasty</li> <li>Clitoral Hood Reduction</li> </ul>
14:45 – 15:00	COFFEE BREAK
15:00 - 17:00	LIVE DEMO & HANDS-ON FILLER /PEEL
17:00 – 17:30	QUESTIONS/ANSWERS WITH FACULTY



#### DAY 2

Time	Торіс	
09:00 - 09:30	HORMONAL THERAPY	
09:30 – 10:30	<ul> <li>LASER REJUVENATION         <ul> <li>Indications</li> <li>Laser vaginal rejuvenation</li> <li>Vulval rejuvenation</li> <li>Treatment for Mild-moderate SUI</li> <li>Vulvo-perineal Skin lightening</li> <li>RF</li> </ul> </li> </ul>	
10:30 – 11:00	COFFEE BREAK	
11:00 - 12:00	<ul> <li>Vaginal Bleaching</li> <li>Skin rejuvenation (ablative/nonablative)</li> <li>Pigmented lesions</li> <li>Vascular lesions         <ul> <li>Side Effects</li> <li>Complications</li> <li>Contraindications</li> <li>Consideration for equipment purchase</li> </ul> </li> </ul>	
12:00 – 13:00	<ul> <li>BIKINI LASER EPILATION         <ul> <li>Laser physic &amp; Laser safety</li> <li>Type of lasers</li> <li>Diode</li> <li>IPL</li> <li>NdYag</li> </ul> </li> </ul>	
13:00 - 14:00	LUNCH	
14:00 - 17:00	LIVE DEMO & HANDS-ON FILLER /PEEL	
17:00 – 17:15	COFFEE BREAK	
17:15 – 17:30	Q & A Session WITH FACULTY & CERTIFICATE DISTRIBUTION	

#### Important Rules to Remember: STAY SAFE AND KEEP MASK ON.

- 1. Picture and Video taking by delegate is **NOT ALLOWED**. Please respect our model's privacy.
- 2. *Medicines are for the volunteer patient's use only and must not be used by delegate for himself or herself*. Additional cost for the medicine will be charged to the delegate who would use it for him or herself.
- 3. Meal vouchers are allocated for the delegates and instructors only. Additional charges will be incurred for nondelegate.
- 4. Please ensure attendance to all the course lectures. Instructors will **not** repeat the lessons for *late or no-show* delegate.
- 5. Please ensure collection of your certificate at the end of each course.